

# SEPTEMBER

## BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday

**U.S.D. 110  
THUNDER RIDGE  
K-3 / SR. HIGH**



5 NO SCHOOL TODAY



6 MILK  
FRUIT JUICE  
PANCAKE/SAUSAGE  
STICK W/SYRUP  
FRUIT VARIETY

7 MILK  
FRUIT JUICE  
CEREAL  
SLIDERS  
FRUIT VARIETY

1 MILK  
FRUIT JUICE  
CEREAL  
QUESADILLA  
FRUIT VARIETY

2 MILK  
FRUIT JUICE  
CEREAL  
BREAKFAST BAR  
FRUIT VARIETY

12 MILK  
FRUIT JUICE  
CEREAL  
LONG JOHN  
FRUIT VARIETY

13 MILK  
FRUIT JUICE  
CEREAL  
BISCUIT & GRAVY  
FRUIT VARIETY

14 MILK  
FRUIT JUICE  
CEREAL  
FRENCH TOAST  
STICKS W/SYRUP  
FRUIT VARIETY

15 MILK  
FRUIT JUICE  
CEREAL  
QUESADILLA  
FRUIT VARIETY

16 MILK  
FRUIT JUICE  
CEREAL  
BREAKFAST BAR  
FRUIT VARIETY

19 MILK  
FRUIT JUICE  
CEREAL  
MUFFIN  
FRUIT VARIETY

20 MILK  
FRUIT JUICE  
PANCAKE/SAUSAGE  
STICK W/SYRUP  
FRUIT VARIETY

21 MILK  
FRUIT JUICE  
CEREAL  
SLIDERS  
FRUIT VARIETY

22 MILK  
FRUIT JUICE  
CEREAL  
BREAKFAST PIZZA  
FRUIT VARIETY

23 MILK  
FRUIT JUICE  
CEREAL  
BLUEBERRY  
PANCAKES W/SYRUP  
FRUIT VARIETY

26 MILK  
FRUIT JUICE  
CEREAL  
LONG JOHN  
FRUIT VARIETY

27 MILK  
FRUIT JUICE  
CEREAL  
BISCUIT & GRAVY  
FRUIT VARIETY

28 MILK  
FRUIT JUICE  
CEREAL  
FRENCH TOAST  
STICKS W/SYRUP  
FRUIT VARIETY

29 MILK  
FRUIT JUICE  
CEREAL  
QUESADILLA  
FRUIT VARIETY

30 MILK  
FRUIT JUICE  
CEREAL  
BREAKFAST BAR  
FRUIT VARIETY

